

## NERVOUS, ANXIOUS OR AFRAID?

If you are, you're not alone. Many of our patients come in after years of worry. We will do whatever we can to make your dental experience a pleasant one. Some relaxation options are:

### ***In our reception area we provide:***

- A massage chair, Internet use and a courtesy phone, as well as bottled water, orange juice and snacks.

### ***In our treatment rooms we provide:***

- Conscious Oral Sedation-an oral medication that can be taken one hour prior to your appointment. It allows you to almost "sleep" through your visit. Most patients don't even remember the treatment and four hours after taking the medication it is completely out of your body. **A responsible adult must drive you home if you take this medication.**
- A powerful topical gel "Novocain" which has been much improved. Also combinations of "Novocain" like anesthesia to minimize any pain. A computerized injection system controls the flow and minimizes any discomfort.
- Lots of movies for you to watch on our overhead high definition TV's.
- Aromatherapy, candles, blankets and pillows for your comfort.
- If you'd like, bring along your I-pod and headphones or you may use ours to relax and listen to your favorite music.

***Dr. Matarazzo really cares and wants to make your appointment as easy and painless as possible.***